

The next Pomeroy Recreation & Rehabilitation (PRRC) Volunteer Orientations will be held on:

- Wednesday, January 16, 2019, 4:00 – 6:00PM
- Monday, January 28, 2019, 3:30 – 5:30PM
- Thursday, January 31, 2019, 6:00 – 8:00PM
- Wednesday, February 13, 2019, 7:00 – 9:00PM

Please go to <https://goo.gl/qnp3T3> to register for one of these orientations.

Please also go to <https://www.prrcsf.org/volunteer> to fill out a volunteer application.

- ◆ Volunteer orientations last approximately 1 ½ to 2 hours depending upon the size of the group.
- ◆ Please also bring a **cleared TB test** signed by your physician, not more than one year old, stating negative test results for tuberculosis. All volunteers are required to have a cleared TB test in accordance with Community Care Licensing. (You can get this from your doctor, student health center, some Walgreens / Target / or CVS with pharmacies, or the Golden Gate Urgent Care in West Portal). You can bring this in the first day your volunteer if you don't have the completed test by the orientation date.
- ◆ PPRRC accepts volunteers high school age and up.
- ◆ Bring a calendar with the **exact dates** and **times** you would like to volunteer to the orientation so we can sign you up for volunteer hours! Thanks.
- ◆ Please note: PPRRC is a **scent-free campus** – please do not wear perfume/cologne.
- ◆ **IF YOU CAN** - Please bring a laptop computer to the orientation to self-schedule

Volunteer Opportunities:

◆ **Recreation Programs for Adults and Seniors**

Mondays & Wednesdays: 10:00am to 4:00pm

Tuesdays, Thursdays & Fridays: 10:00am to 8:00pm

Saturdays: 11:00am-3:00pm

◆ **Recreation Programs for Children & Teens**

Monday through Friday: 2:30-5:30 (6 spots per day)

Saturdays: 10:00 to 4:00 on Saturdays (4 spots each day)

Christmas Day Camp: Dec. 26, 27, 28, 31, Jan. 2, 3, 4 – 12:00 – 6:00pm

● **PRRC address:** 207 Skyline Blvd, San Francisco, CA 94132

Please note: The front entrance to PPRC is on **Herbst Road**, located at the back exit of the San Francisco Zoo. We are right between the Zoo and Lake Merced. Lots of street parking is available.

Thank you for your interest in volunteering at PPRC!

In appreciation,

Cindy Blackstone, Volunteer & Safety Manager

www.phd.com, (115) 215 8887
Monday through Thursday, 9:00am – 5:00pm