

# OCTOBER



S	M	T	W	T	F	S
		1	2	3	4	5
		Barley and Vegetable Soup	Chicken Cilantro Soup	Corn Soup	Peruvian Shrimp Soup	
		Penne Pasta with Chicken (Peruvian style)	Cuban Style Pork Chops with Plantains	Chicken or Vegetables Burritos	Chicken wings	
6	7	8	9	10	11	12
	Peas Tarragon Soup	Chicken Tortilla Soup	Garden Quinoa Vegetable Soup	Potato Leek Soup	Split Pea Soup with Ham	
	Chicken Tostadas	Salmon with vegetables and Rice Pilaf	Asado with Spinach Mashed Potato (Peruvian style)	Peruvian Chicken & Rice (Arroz con Pollo)	Hamburger & French Fries	
13	14	15	16	17	18	19
	Cream of Sparragus Soup (no dairy)	Clam Chowder Soup	Garbanzo with Vegetables Soup	Peruvian Shrimp Soup	Chicken Wonton Soup	
	Chicken or Vegetable Nachos	Cuban Style Pork Chops with Plantains	Fish Tacos with Black Beans & Coleslaw	Mushroom Alfredo Sauce & Chicken	Meat or Vegetarian Pizza	
20	21	22	23	24	25	26
	Squash Soup (no dairy)	Peruvian Beef Soup (criolla)	Chinese Sour Soup with Shiitake Mushroom	Turnip & Taro Root Soup	Fish Cilantro Soup	
	Pork Ribs with Hickory BBQ	Peruvian Baked Chicken with Russian Salad	Chicken or Vegetable Enchiladas	Salmon with Mashed Potatoes and Vegetables	Chicken Nachos	
27	28	29	30	31	<p><b>Every day Special</b>  <i>*All soups come with bread.</i>  <i>*Half Soup + Half Sandwich Special</i></p>	
	Eggplants Soup (no dairy)	Peruvian Shrimp Soup	Lentil Soup	Chicken Cilantro Soup		
	Roasted Chicken with French Fries	Chicken or Vegetables Quesadillas	Spaghetti and Meatballs	Meatloaf and Mashed Potatoes		

**Every day Sandwich Special - With your choice of: Kettle Potato Chips, or Green Salad, or Bottled Water - \$9.50**