

Breakfast

Toppings

Cream Cheese \$3.50
Butter \$2.50
Peanut Butter & Jelly \$3.50
Hummus \$3.75
Plain Bagel \$2.00

Havana

Bagel, Egg, and Cheese

Dr. Lindsay

Bagel, Egg, Cheese, Turkey or Ham

M.C.B.

Bagel, Egg, Cheese, and Bacon

B.L.T.

Bagel, Bacon, Lettuce, and Tomato

Petra

Bagel, Hummus, Avocado, Arugula, Tomato, and English Cucumber

Salmon

Bagel, Smoked Salmon, Cream Cheese, Capers, Onion, English Cucumber, and Tomato

Burritos

Tortilla options: Flour, Spinach, Whole Wheat

Breakfast Burrito

Egg, Cheese, Bacon or Sausage, Tomato, Beans, and Lettuce \$7.75

Veggie Breakfast Burrito

Egg, Cheese, Tomato, Avocado, Beans, and Lettuce \$7.75

Scrambled Eggs Plate

Bacon or Sausage, Beans, Bread, Butter and Jelly \$8.25

Extras

Meat - Bacon (3 slices) or Sausage \$3.25
Scrambled Eggs \$3.50
Avocado \$1.50
Cheese \$0.50

Sandwiches

Bread: Whole Wheat, Sweet French Roll, Croissant, White Butter Milk, Ciabatta Roll, Sourdough, Dutch Crunch
Cheese: Monterey Jack, Swiss, Provolone, Cheddar
Meat: Ham, Roast Beef, Smoked Turkey, Pastrami

Avocado and Jack Cheese

Lettuce, Tomato, and English Cucumber \$7.95

Fresh Mozzarella

Tomato and Pesto \$7.95

Albacore Tuna Salad

Carrots, Lettuce, Green and Red Cabbage, Celery, Tomato, Onion, Dijon Mustard, and Mayonnaise \$7.95

Chicken Breast Salad

Celery, Lettuce, Green and Red Cabbage, Tomato, Onion, Dijon Mustard, and Mayonnaise \$7.95

Smoked Turkey & Cranberries

Cream Cheese and Tomato \$7.95

Hot Sandwiches

Philly Cheesesteak

Mushroom, Red Pepper, and Roasted Onion \$8.50

Matthew

Turkey, Bacon, Avocado, Lettuce, Tomato, Cheese, and Pesto \$8.50

Italian Meat Ball

Meat Balls with Marinara Sauce, and Cheese \$7.95

Hot Pastrami

Cheese, Lettuce, Tomato, and Chipotle Aioli \$7.95

Western

Baby Back Pork, Grilled Cheese, Coleslaw, and Chipotle Aioli \$8.50

Ham and Cheese

\$7.95

Add-ons: Lettuce, Tomato, and English Cucumber

veggie option

Fresh Salads

(32 oz)

Chicken Caesar

Romaine Lettuce, Parmesan Cheese, and Croutons \$8.00

Chicken & Bacon

Romaine Lettuce, Grape Tomato, Carrots, English Cucumber, Avocado, Raisins or Cranberries, and Crunchy Chow Mein \$8.75

Chef

Smoked Turkey, Spring Mix, Grape Tomato, English Cucumber, Egg, Monterey Jack, and Cheddar Cheese \$8.00

White Albacore Tuna

Romaine Lettuce, Avocado, Grape Tomato, Onion, English Cucumber, Egg, Lemon and Balsamic dressing \$9.00

Wild Salmon

Romaine Lettuce, Grape Tomato, Onion, English Cucumber, Lemon, and Rosemary \$11.00

Shrimp

Romaine Lettuce, Grape Tomato, Onion, English Cucumber, Egg, and Avocado \$11.00

Emma

(16 oz)

veggie

Arugula, Spring Mix, Avocado, Grape Tomato, Goat Cheese, English Cucumber, Walnuts, and Seasonal Fruits \$8.50

Luca

(16 oz)

veggie

Shiitake Mushroom, Grape Tomato, Corn, Smoked Tofu, Edamame, and English Cucumber \$6.50

Quinoa

(16 oz)

veggie

Portobello Mushroom, Red Pepper, Squash, Spinach, Olive Oil, and Lemon \$6.50

Daily Soup

(16 oz)

With Sea Food

\$5.25

\$5.95