DESIGN-YOUR-OWN-1/3 lbs. CHEESE BURGER

540-1590 cal

double 11.50 single 10.25

step one : meat - 1/3lbs. beef patty** | 1/3lbs. turkey patty | 1/3lbs. Beyond burger (vegetarian)

step two: cheese - american | cheddar | swiss | bleu | pepper jack

step three: addition - caramelized onion [.50] | sautéed mushroom [.50] | fried egg** [1.00] | avocado [1.00] | bacon [1.00]

brioche bun | lettuce | tomato | onion | pickle | a choice fries or side salad accompany all burgers

with garlic fries [1.00] | with sweet potato fries [1.00] | with sautéed vegetable [1.00]

soup of the day 250-690 cal	cup 3.25	bowl 4.95
house-made chili 250-390 cal	cup 4.50	bowl 5.75

THE GRILL

a choice of fries or side salad accompany all sandwiches, buffalo wings and chicken tenders substitute to garlic fries, sweet potato fries, or sautéed vegetable for \$1

buffalo wings 800-830 cal	9.50
fried wings franks red hot sauce french fries carrot & celery ranch	
chicken tenders 790-820 cal	8.75
french fries honey mustard	
grilled chicken breast sandwich 570-590 cal	10.75
bacon jam tomato aioli brioche bun	
grilled fish sandwich** 330-360 cal	MKT Price
blackened fish sandwich** 440-470 cal	MKT Price
pesto aioli baby greens brioche bun	
healthy fish** 230-260 cal	MKT Price
grilled filet sautéed vegetables	
grilled chicken breast teriyaki bowl 640-670 cal	8.50
steamed rice seasonal vegetables teriyaki sauce	
vegetarian or meat panini (weekly rotation) 540-1090 cal	8.25
signature smoky tofu sandwich	11.00
tofu Marinated in soy sauce lemon olive oil sriracha maple syrup micro greens ciabatta	
daily special 540-1090 cal	MKT Price

ADDITIONS

french fries 460-480 cal	3.25
garlic fries 470-490 cal	4.00
tater tots 470-490 cal	
sweet potato fries 430-450 cal	4.00
side mixed green salad 140-160 cal	4.00

DRINKS

seasonal espresso drin	ks 190-380 cal	MKT Price
iced tea 10-50 cal		2.50
coffee 10-50 cal	small 1.90	large 2.20
iced coffee 10-50 cal		2.75
iced latte 100-200 cal	single 3.20	double 4.00

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step two: cheese - american | cheddar | swiss | bleu | jack

step three : additions - caramelized onion [.50] | sautéed mushroom [.50] | fried egg** [1.00] | avocado [1.00] | bacon [1.00]

brioche bun | lettuce | tomato | onion | pickle | a choice fries or side salad accompany all burgers with garlic fries [1.00] | with sweet potato fries [1.00] | with sautéed vegetable [1.00]

THE GRILL

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tofu| Marinated in soy sauce | lemon olive oil | sriracha | maple syrup | micro greens | ciabatta pesto aioli | baby greens | brioche bun

healthy fish** 230-260 cal grilled filet | sautéed vegetables

signature smoky tofu sandwich

MKT Price

11.00

BEER	pint	pitcher	WINE	glass
headlands brewing - hefeweizen 180/710 cal	5.50	19.00	meiomi- rose 125 cal	6.00
lagunitas brewing - ipa 240/960 cal	5.50	19.00	st. Francis- chardonnay 125 cal	6.00
green flash- soul style ipa 260/1040 cal	5.50	19.00	Kenwood - sauvignon blanc	6.00
anchor brewing - seasonal brew 310/1220 cal	5.50	19.00	the girls in the vineyard—cabernet s 100 cal	7.00
anderson valley – boont amber ale	5.50	19.00	meiomi- pinot noir 125 cal	8.00
seismic brewing co alluvium pilsner	5.50	19.00	st. francis- zinfandel 122 cal	8.00

MUNCHIES

garlic fries garlic parmesan parsley	470-490 cal	4.00
sweet potato fries 430-450 cal		4.00
french fries 460-480 cal		3.25
tater tots 470-490 cal		3.25