**DESIGN-YOUR-OWN-1/3 lbs. CHEESE BURGER**

<table>
<thead>
<tr>
<th></th>
<th>double</th>
<th>single</th>
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</thead>
<tbody>
<tr>
<td>540-1590 cal</td>
<td>11.50</td>
<td>10.25</td>
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</tbody>
</table>

**step one : meat** - 1/3 lbs. beef patty** | 1/3 lbs. turkey patty | 1/3 lbs. Beyond burger (vegetarian)

**step two : cheese** - american | cheddar | swiss | bleu | pepper jack

**step three : addition** - caramelized onion [.50] | sautéed mushroom [.50] | fried egg** [1.00] | avocado [1.00] | bacon [1.00]

brioche bun | lettuce | tomato | onion | pickle | a choice fries or side salad accompany all burgers

with garlic fries [1.00] | with sweet potato fries [1.00] | with sautéed vegetable [1.00]

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**THE GRILL**

A choice of fries or side salad accompany all sandwiches, buffalo wings and chicken tenders substitute to garlic fries, sweet potato fries, or sautéed vegetable for $1

**buffalo wings** 800-830 cal

fried wings | franks red hot sauce | french fries | carrot & celery | ranch

**chicken tenders** 790-820 cal

french fries | honey mustard

**grilled chicken breast sandwich** 570-590 cal

bacon jam | tomato aioli | brioche bun

**grilled fish sandwich** 330-360 cal

MKT Price

**blackened fish sandwich** 440-470 cal

MKT Price

**pesto aioli | baby greens | brioche bun**

**healthy fish** 230-260 cal

MKT Price

grilled filet | sautéed vegetables

**grilled chicken breast teriyaki bowl** 640-670 cal

steamed rice | seasonal vegetables | teriyaki sauce

**vegetarian or meat panini (weekly rotation)** 540-1090 cal

**signature smoky tofu sandwich**

tofu | Marinated in soy sauce | lemon olive oil | sriracha | maple syrup | micro greens | ciabatta

**daily special** 540-1090 cal

MKT Price

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**ADDITIONS**

<table>
<thead>
<tr>
<th></th>
<th>3.25</th>
<th>4.00</th>
<th>3.25</th>
<th>4.00</th>
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</tr>
</thead>
<tbody>
<tr>
<td>french fries</td>
<td>460-480 cal</td>
<td></td>
<td>470-490 cal</td>
<td></td>
<td>470-490 cal</td>
</tr>
<tr>
<td>garlic fries</td>
<td>470-490 cal</td>
<td></td>
<td>470-490 cal</td>
<td></td>
<td>470-490 cal</td>
</tr>
<tr>
<td>tater tots</td>
<td>430-450 cal</td>
<td></td>
<td>430-450 cal</td>
<td></td>
<td>430-450 cal</td>
</tr>
<tr>
<td>sweet potato fries</td>
<td>140-160 cal</td>
<td></td>
<td>140-160 cal</td>
<td></td>
<td>140-160 cal</td>
</tr>
<tr>
<td>side mixed green salad</td>
<td>400-420 cal</td>
<td></td>
<td>400-420 cal</td>
<td></td>
<td>400-420 cal</td>
</tr>
</tbody>
</table>

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**DRINKS**

<table>
<thead>
<tr>
<th></th>
<th>10-50 cal</th>
<th>10-50 cal</th>
<th>single 3.20</th>
<th>double 4.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>seasonal espresso drinks</td>
<td>190-380 cal</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iced tea</td>
<td>2.50</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iced coffee</td>
<td>2.75</td>
<td></td>
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</tbody>
</table>

ADDITIONS & DRINKS

Additional nutrition information available upon request. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.**
**DESIGN-YOUR-OWN-1/3 lbs. CHEESE BURGER**  
540-1590 cal

**double** 11.50  
**single** 10.25

**step one : meat** - 1/3 lbs. beef patty** | 1/3 lbs. turkey patty | 1/3 lbs. beyond burger (vegetarian)

**step two : cheese** - american | cheddar | swiss | bleu | jack

**step three : additions** - caramelized onion [.50] | sautéed mushroom [.50] | fried egg** [1.00] | avocado [1.00] | bacon [1.00]

brioche bun | lettuce | tomato | onion | pickle | a choice fries or side salad accompany all burgers

with garlic fries [1.00] | with sweet potato fries [1.00] | with sautéed vegetable [1.00]

---

**THE GRILL**

a choice of fries or side salad accompany all sandwiches, buffalo wings and chicken tenders

substitute to garlic fries, sweet potato fries, or sautéed vegetable for $1

**buffalo wings**  800-830 cal  
9.50

fried wings | franks red hot sauce | french fries | carrot & celery | ranch

**chicken tenders**  790-820 cal  
8.75

french fries | honey mustard

**grilled chicken breast sandwich**  570-590 cal  
10.75

bacon jam | tomato aioli | brioche bun

**grilled fish sandwich**  330-360 cal  
MKT Price

**blackened fish sandwich**  440-470 cal  
MKT Price

**signature smoky tofu sandwich**  
11.00

tofu | Marinated in soy sauce | lemon olive oil | sriracha | maple syrup | micro greens | ciabatta

pesto aioli | baby greens | brioche bun

**healthy fish**  230-260 cal  
MKT Price

grilled filet | sautéed vegetables

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**BEER**

| speakeasy | payback porter | 180/710 cal | pint | 5.50 | pitcher | 19.00 |
| lagunitas brewing | ipa | 240/960 cal | pint | 5.50 | pitcher | 19.00 |
| green flash | soul style ipa | 260/1040 cal | pint | 5.50 | pitcher | 19.00 |
| anchor brewing | seasonal | 310/1220 cal | pint | 5.50 | pitcher | 19.00 |
| anderson valley | boont amber ale | | pint | 5.50 | pitcher | 19.00 |
| sierra nevada | pale ale | | pint | 5.50 | pitcher | 19.00 |

**WINE**

| meiomi- rose | 125 cal | glass | 6.00 |
| st. Francis- chardonnay | 125 cal | | 6.00 |
| benzinger- sauvignon blanc | | | 6.00 |
| meiomi- pinot noir | 125 cal | | 8.00 |
| The Girls in the Vineyard- cabernet | 122 cal | | 8.00 |

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**MUNCHIES**

| garlic fries | garlic | parmesan | parsley | 470-490 cal | 4.00 |
| sweet potato fries | 430-450 cal | 4.00 |
| french fries | 460-480 cal | 3.25 |
| tater tots | 470-490 cal | 3.25 |

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