Welcome to UC San Francisco, Parnassus campus. Take advantage of the variety of services and amenities provided by Campus Life Services. Food, ATMs, parking, shuttles, places to relax, entertainment, business and family services are all right here.

We want your time at UCSF to be as comfortable as possible, regardless of your reason for being here.
**Millberry Fitness & Recreation Center**
(500 Parnassus Avenue, Millberry Union, Floor B1)
More than a gym-a fitness lifestyle. Cardio, weights, classes, pool, sports leagues, personal training, kayaking, stand up paddling, and more. Month-to-month membership, 10-visit and single day pass; UCSF employee pricing available. Open to the public.
415.476.1115

**400 Parnassus Avenue**
**Terzetto Express**
Coffee and espresso drinks, pastries, salads, sandwiches
Monday-Friday: 6:00 am-12:00 pm

**500 Parnassus Avenue**
**Jamba Juice**
Smoothies, oatmeal, wraps, salads, sandwiches
Monday-Friday: 7:00 am-7:00 pm
Saturday & Sunday: 9:00 am-5:00 pm  415.566.1260

**Café Bellini**
Pizza, burgers, sandwiches, salads, smoothies, pastries
Monday-Friday: 7:00 am-4:00 pm  415.502.1121

**505 Parnassus Avenue**
**Carmelina’s Taqueria**
Tacos, burritos, enchiladas, quesadillas, nachos, daily specials
Monday-Friday: 9:00 am-7:00 pm  415.681.9925

**Palio Caffé**
Espresso drinks, pastries sandwiches, salads, soup
Monday-Friday: 6:30 am-2:00 pm  415.661.0199

**Subway**
(Floor B1)
Sandwiches, wraps, salads, soups, cookies
Monday-Friday: 9:30 am-4:00 pm  415.661.0199

**513 Parnassus - School of Nursing, 2nd Fl**
**Ladle & Leaf**
Monday-Friday: 10:00 am-3:00 pm
Order for pick-up at www.ladleandleaf.com

**500 Parnassus Avenue**
**UCSF Parnassus Gift Shop**
Monday-Friday: 8:00 am-6:30 pm
Saturday and Sunday: 11:00 am-5:00 pm
Holidays: 11:00 am-5:00 pm
Phone Orders
Monday-Friday: 10:00 am-2:00 pm  415.502.1121
www.ucsfhealth.org/for-visitors/gift-shops

**513 Parnassus Avenue**
**Golden 1 Credit Union**
Monday-Friday: 10:00 am-5:00 pm

**Banking & ATMs**

**350 Parnassus Ave**
Bank of America

**500 Parnassus Avenue**
(Millberry Union, Floor B1)

**Golden 1 Credit Union**
Monday-Friday: 10:00 am-5:00 pm

**Bank of America**

**Golden 1**

**Wells Fargo**

**505 Parnassus Avenue**

**Golden 1**
(Floor 2)

**513 Parnassus Avenue**

**Golden 1**
(School of Nursing Lobby)
**500 Parnassus Avenue**  
(Millberry Union)

**UCSF Campus Store**  
(Floor B1)  
Tuesday-Thursday  
9:30 am - 1:30 pm  
Pick-up only!  
Pre-order online at [UCSFshop.com](http://UCSFshop.com)

**Transit Passes**  
Parnassus Transportation Office (Level P-7 Room 26)  
Purchase public transit tickets and passes:  
- Clipper Card  
- MUNI  
- BART  
- Caltrain  
- AC Transit  
- Golden Gate Transit and Ferry  
Monday-Friday:  
7:30 am-4:45 pm  
415.476.2566

**Vision Optical**  
(Floor B1)  
Comprehensive vision services, contact lenses, and quality frames  
Monday-Wednesday, Friday  
8:30 am-5:00 pm  
Thursdays  
1:00 pm-5:00 pm  
Closed daily 12:00 pm-1:00 pm

**Walgreens**  
(Street Level)  
Full service pharmacy, travel consultations, and vaccinations  
Monday-Friday:  
8:30 am-6:00 pm  
Saturday & Sunday:  
10:00 am-6:00 pm  
415.681.3394

**Facilities Customer Service Center**  
[facilities@ucsf.edu](mailto:facilities@ucsf.edu)

**Recycling & Waste Reduction Program**  
[recycling@ucsf.edu](mailto:recycling@ucsf.edu)

**Lodging & Housing**

**Housing Services**  
Campus housing and related services for UCSF students, post-docs, residents, clinical fellows, and faculty; and referral brochure for short-term lodging along with resources to find housing off-campus  
Parnassus Housing Office  
30 Adolph Sutro Court, #104  
415.514.4550

**Family Services**

**Family Services**  
UCSF Child Care Centers, Referral Services, Back-Up Care and Sittercity resources, parent education events, and more.  
[tiny.ucsf.edu/familyservices](http://tiny.ucsf.edu/familyservices)  
[MyFamily.ucsf.edu](http://MyFamily.ucsf.edu)

**Lactation Accommodation Program**  
UCSF lactation room directory, UCSF and community support resources, supply locations, policies, educational events, and more.  
[tiny.ucsf.edu/UCSFpump](http://tiny.ucsf.edu/UCSFpump)

**Laundry**

**500 Parnassus Ave**  
(Millberry Union)

**Laundry Locker** (Floor B1)  
Drop off/pick up services are open to the public 24 hours a day, 7 days a week.  
[laundrylocker.com](http://laundrylocker.com)
Parking Information
Parking.ucsf.edu
415.476.2566

500 Parnassus Avenue, Millberry Union Public Garage
(Entrances on Parnassus Ave. and Irving Street)
5 Electric Vehicle (EV) Charging Stations, Floor P7

707 Parnassus Avenue, Westside/Kirkham Surface Lot
(Behind the School of Dentistry)

5th Avenue at Kirkham, Beckman/Koret Surface Lot

Bicycle Parking
- Ambulatory Care Center
- Clinical Sciences
- Dental Clinics
- Health Sciences East
- Kalmanovitz Library
- Langley Porter Psychiatric Institute
- Millberry Union Parking Garage
- School of Nursing

Documents & Media
500 Parnassus Avenue
MU West, P8 Level, Room 10E
Mon.-Fri.: 8:00 am-3:30 pm

Printing, design, fax, stationery
415.514.2054 | DMcsr@ucsf.edu

Wi-Fi
Free wireless service; UCSFguest, no password

Conferences, Events & Meetings

Aldea Center on Mount Sutro
The Aldea Center is the ideal venue for small to medium size gatherings. The bright and airy center can be set up and customized to meet the needs of your event.

Venue available Monday-Friday: 8:00 am-7:00 pm
415.476.9888
AldeaCenter@ucsf.edu

Millberry Union Conference Center
Comfortable furnishings, audio-video capabilities, and Wi-Fi Internet access, exceptional views. Perfect for hosting workshops, meetings, lectures, receptions, for casual or formal events
415.476.2019
MUeventmeeting@ucsf.edu

UCSF
Parnassus

$ - ATMs
P - Parking
© - UCSF Shuttle
- Muni Bus Stop
(EXIT - Entrance
(Accessible)
V - Vending Machines
Food
Information
**SHUTTLE STOPS**

**530 Parnassus Avenue**
(English Language Center)

**GOLD**
Mission Bay ➔ Zuckerberg San Francisco General Hospital ➔ Parnassus Heights at Library ➔ Mount Zion

**ORANGE**
Parnassus Heights at Library ➔ St. Mary’s Hospital ➔ 3360 Geary St. ➔ Laurel Heights ➔ Mount Zion

**LIME**
Parnassus Heights at Library ➔ Buchanan Dental Center (BDC) 100 Buchanan St. ➔ Mission Center Building (MCB) 1855 Folsom St. ➔ 16th St. BART Station

**BRONZE** (drop off only)

**505 Parnassus Avenue**
Medical Center-Emergency

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**401 Parnassus Avenue**
(Langley Porter Psychiatric Institute-LPPI)

**GREY | Express Service**
Parnassus Heights ➔ Mission Bay

**BLUE**
Parnassus Heights ➔ Zuckerberg San Francisco General Hospital ➔ Mission Bay ➔ Mount Zion

**BRONZE**
Parnassus Heights at LPPI ➔ Aldea ➔ ACC ➔ Parnassus Heights at Library ➔ 6th St. ➔ Dental

**VA**
Parnassus Heights ➔ San Francisco Veterans Affairs Medical Center (SFVAMC)

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**UCSF Shuttles**
415.476.GOGO (4646)
shuttles.ucsf.edu

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**UCSF SHUTTLE MAP**

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Information in this brochure is subject to change. For most recent information visit: campuslifeservices.ucsf.edu