

The Pub

1675 Owens Street
415.514.4748

Hours of Operation:

M-F 8am-8pm

Sat Closed

Sun Closed

Menu Hours:

Breakfast 8am-10am

Lunch 11am-3pm

Evening 3pm-6pm

Breakfast Menu

(8am-10am)

Oatmeal:

Steel-Cut Oatmeal Cup 2.50 Bowl 3.50

Served with Dried Fruit & Brown Sugar

Yogurt:

Yogurt Parfaits 3.30

Assorted Yogurts 1.50

Greek Yogurt 2.00

Breakfast Sandwiches:

Egg & Cheese on an English Muffin 2.50

Egg, Cheese & Sausage on an English Muffin 3.00

Egg, Cheese & Bacon on an English Muffin 3.00

Try a sandwich on a bagel or croissant... *Add 0.50*

Lunch Menu

(11am-3pm)

Hot Sandwiches

All sandwiches come with a choice of fries or house salad.

West Coast Chicken 8.50 – calories 513 / from fat 318

Grilled chicken breast, avocado, lettuce, tomatoes, red onion, avocado mayo on brioche

Vegetarian 6.50 or Meat Panini 6.8

Selection varies – ask your server

Build Your Own Burgers *

Beef 7.00 – calories 507 / from fat 220

Turkey 8.00 – calories 274 / from fat 112

Caramelized Onions, Cheese – (American, Cheddar, Jack or Swiss), Salsa or Sautéed Mushrooms 0.25 each

Avocado, Bacon or Guacamole 1.00 each

Garden Burger 6.50 – calories 172 / from fat 20

Lettuce, tomato, pickle and red onion on Brioche

Fish Sandwich 9.50

Grilled – calories 298 / from fat 105

Blackened – calories 400 / from fat 165

Tilapia with Gilroy Garlic mayo, baby greens & tomatoes on brioche

The Pub Rueben 8.50 - calories 607 / from fat 396

Corned beef with Thousand Island, sauerkraut & swiss on rye

*Gluten Free Available

Entrees

Chicken Fingers 7.00 – calories 520 / from fat 283

Four breaded chicken fingers served with your choice of fries or mixed green salad with house vinaigrette.

Kid's Size 5.75 – calories 375 / from fat 190

Healthy Fish with Vegetables 9.00 – calories 176 / from fat 80

Grilled and served on a bed of roasted vegetables.

Pub Classics

House Made Chili

Cup 3.25 Bowl 4.25

Chef's daily choice.

Add sour cream and cheese for 0.50, fresh avocado for 1.00

Soup of the day

Cup 3.00 Bowl 4.00

Chef's daily choice. Ask server for details.

Pizzas*

BBQ Chicken 9.50 – calories 503 / calories from fat 186

Grilled chicken, red onions and mozzarella cheese.

Pepperoni 8.50 – calories 593 / calories from fat 206

Traditional with marinara.

Margherita 8.50 – calories 402 / calories from fat 94

Cherry tomatoes and fresh basil.

Sides

French Fries 3.00 – calories 468 / from fat 282

Sweet Potato Fries 3.65 – calories 380 / from fat 180

Gilroy Garlic Fries 3.65 – calories 472 / from fat 282

Pub Slaw 1.50 – calories 107 / from fat 78

Side Salad 3.25 – calories 141 / from fat 109

Gilroy Garlic mayo 1.00 – calories 230 / from fat 225

Evening Menu

(3pm-6pm)

Specialties

Mission Bay Pasta 9.00 – calories 735 / from fat 356

Grilled chicken and penne pasta tossed with baby spinach, tomatoes and Irish Whisky Cream.

Loaded Nachos 5.50

Topped with cheese sauce, jalapenos, salsa, guacamole and sour cream. Add chicken or steak 7.00.

Grilled Chicken Caesar Wrap 5.75 – calories 660 /from fat 124

Grilled chicken, romaine, parmesan and Caesar dressing wrapped in a red chili tortilla.

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