

OCTOBER



S	M	T	W	T	F	S
2	3	4	5	6	7	8
	Garden Black Eyed Bean Soup	Chicken Tortilla Soup	Lentil with Spinach Soup	Chicken Wonton Soup	Brocoli Leek Soup	
	Beef or Veggie Lasagna with Green Salad	Meat Loaf	Chicken or Veggie Nachos	Crispy Fish Taco with Black Beans and Salsa	Wraps	
	Mediterranean Hummus Sandwich	Tuna Salad Supreme Sandwich	Mozarella with Dried Tomato Sandwich	Philly Cheese with Mushroom Sandwich	Hot Hawaiian Turkey or Ham Sandwich	
9	10	11	12	13	14	15
	Split Pea Soup with Ham Soup	Meat Ball Soup	Peruvian Bacon Sandwich Soup	Tomato Corn with Basil Soup	Potato Leek Soup	
	Fettuccini Alfredo with Chicken Breast	Chicken or Veggie Enchiladas	Marinated Pork Ribs	Salmon with Rice Pilaf and Vegetables	Wraps	
	Sub Club Sandwich	Turkey Pepperoni Melt Sandwich	Chicken Caesar Melt Sandwich	Garden Burger Sandwich	Meat Ball Sandwich	
16	17	18	19	20	21	22
	Zucchini Soup	Beef Vegetable Soup	Black Bean with Bacon Soup	Chicken Tortilla Soup	Beef Minestrone Soup	
	Penne Pasta with Meat Balls	Chicken Fajitas	Crispy Fish Taco with Black Beans and Salsa	Chicken or Veggie Quesadillas	Wraps	
	Ham Panini Sandwich	Lox Sandwich	Pastrami with Fresh Mozarella Sandwich	Tuna Melt Sandwich	Chicken Breast Sandwich	
23	24	25	26	27	28	29
	Turkey and Barley Soup	Cream of Corn Soup	Chicken Vegetable with Orzo Soup	Cream of Mushroom Soup	Split Pea Soup with turkey	
	Baked Salmon Tacos	Mexican Burrito	Shrimp Tacos	Beef Stew	Wraps	
	Chicken Breast Melt Sandwich	Turkey with Cranberries Sandwich	Mushroom Melt with Pineapple Sandwich	Turkey Avocado Melt Sandwich	Hot Salami Sandwich	
30	31					
	Brocoli Leek Soup					
	Marinada Sauce Chicken Breast w/ Melted Cheese					
	Egg Sandwich					

Every day Special
**All soups come with bread.*
**All special sandwiches come with Kettle Potato Chips or Green Salad.*
**Half Soup + Half Sandwich Special*