

SEPTEMBER



S	M	T	W	T	F	S
					1	2
					Black Bean with Bacon Soup	
					Meat or Veggie Wraps	
3	4	5	6	7	8	9
	Labor Day Holiday	Lentil with Swiss Chard Soup	Chicken Cilantro Soup	Roasted Zucchini Soup	Clam Chowder Soup	
		Beef or Veggie Lasagna with Green Salad	Salmon with Rice Pilaf and Vegetables	Chicken or Veggie Nachos	Meat or Veggie Wraps	
10	11	12	13	14	15	16
	Split Pea Soup with Ham Soup	Chicken Tortilla Soup	Brocoli Leek Soup	Chicken Vegetable with Orzo Soup	Cream of Corn Soup	
	Pasta and Meat Balls	Pork Ribs with Mashed Potatoes and Salad	Chicken or Veggie Quesadillas	Beef Milanese with Lemon Pasta	Meat or Veggie Wraps	
17	18	19	20	21	22	23
	Turkey and Barley Soup	Meat Ball Soup	Spinach with Leek Soup	Clam Chowder Soup	Chicken Vegetable Soup	
	Chicken Pasta Primavera	Crispy Fish Taco with Black Beans and Salsa	Mexican Burrito	Chicken Milanese with Roasted Potatoes	Meat or Veggie Wraps	
24	25	26	27	28	29	30
	Garbanzo with Bacon and Swiss Chard Soup	Chicken Wonton Soup	Garden Quinoa with Kale Soup	Beef Vegetable Soup	Potato Leek Soup	
	Roasted Chicken with Baked Potato and Salad	Pasta Primavera Chicken or Veggie	Chicken or Veggie Enchiladas	Salmon with Mashed Potatoes and Vegetables	Meat or Veggie Wraps	

Every day Sandwich Special - With your choice of: Kettle Potato Chips, or Green Salad, or Bottled Water - **\$8.50**