

JANUARY



	M	T	W	T	F	S
	1	2	3	4	5	6
		Lentil Soup	Quinoa and Vegetable Soup	Chicken Tortilla Soup (not spicy)	Clam Chowder Soup	
		Salmon with Vegetables	Chicken in Tarragon Sauce with Roasted Potatoes	Fish Tacos with Black Beans and Coleslaw	Veggie or Meat Pizza	
7	8	9	10	11	12	13
	Eggplant Soup	Meatball Soup	Cauliflower Soup	Garden Black Eye Soup	Crab and Asparagus Soup	
	Pesto Pasta with Chicken Milanese	Mexican Burritos	Pork Chop with Onions Spaguetti	Sweet and Sour Meatballs with White Rice	Chicken, Beef or Spinach Empanadas	
14	15	16	17	18	19	20
	Martin Luther King Jr. Day Holiday	Chicken Noodle Soup	Potato Leek Soup	Peruvian Bean Soup	Fish Soup	
		Penne Pasta with Meat or Marinara Sauce	Peruvian Chicken with Cilantro, Beans and White Rice	Meat or Veggie Lasagna with Zucchini	Tapas	
21	22	23	24	25	26	27
	Vegetable Soup Puree	Turkey Soup with Barley and Mushrooms	Black Bean Soup	Oriental Pork Meatballs & Green Broth	Beef Minestrone Soup	
	Meat or Veggie Quiche	Chicken or Veggie Enchiladas with Rice and Beans	Roasted Tilapia with Potatoes and Tomatoes Dressing	Beef Stew with Garbanzo Beans and Chard	Falafel with Pita Bread	
28	29	30	31	<p style="text-align: center;">Every day Special <i>*All soups come with bread.</i> <i>*Half Soup + Half Sandwich Special</i></p>		
	Shrimp Chowder Soup Peruvian style	Roasted Corn Soup	Chicken Cilantro soup			
	Chicken or Veggie Quesadilla	Fish Tacos with Black Beans and Coleslaw	Chicken Lemon with Mashed Potato			

Every day Sandwich Special - With your choice of: Kettle Potato Chips, or Green Salad, or Bottled Water - \$8.75

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