

CampusLife Services

Family Services News & Updates



Get Ready for Kindergarten

Private and Public Schools Information Nights – Sept. 8 and 13

Family Services is partnering with Bright Horizons to bring leading Bay Area speakers to two workshops including UCSF parent panels and a presentation by Parents for Public Schools of San Francisco to help prepare your family for the journey ahead. To learn more about sessions, schedule and speakers visit myfamily.ucsf.edu.



80%

or more of surveyed families enrolled in UCSF Child Care Centers said that *employer-sponsored childcare had a major impact on their ability to concentrate and be productive, to integrate personal and professional demands, to meet job expectations, and to work the necessary number of hours.**

*2016 Bright Horizons UCSF Child Care Centers Parent Survey

August 2016

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Dear Parents,
As a reminder, UCSF Child Care Centers will close August 29 - September 5 for Get Ready Days, our annual week-long facilities closure.

During the Get Ready Days, the Bright Horizons team conducts teacher trainings and prepares classrooms and curricula and Facilities Services takes advantage of having an empty facility to perform preventive maintenance and facilities improvements. Facilities projects include painting, landscaping, security program enhancements, and interior and exterior high cleaning.

In addition to conducting routine maintenance, drinking water in all four childcare centers will be tested for lead as part of UCSF's campus wide program to ensure that lead levels are within standards recommended by the United States Environmental Protection Agency (EPA). Details about UCSF's water testing program are posted on the following website: <http://ehs.ucsf.edu/water-quality>. While there is no evidence to suggest that there are any issues with the drinking water at UCSF's childcare facilities, and the EPA does not require testing, studies suggest that regularly testing water for lead is a best practice. Results will be communicated to parents the week of September 6, when the facility reopens. Needless to say, any issues that arise will be addressed immediately.

For those of you at Laurel Heights, the University Child Care Center will re-open with an enhanced infant toddler playground with new turf, an outside music station, playhouse and adventure center.

For questions regarding Get Ready Days facilities activity, please contact me at Suzie.Kirrane@ucsf.edu.

We hope you're able to use the recess to enjoy time with your children. We look forward to welcoming everyone back on September 6, 2016.

Sincerely,

Suzie Kirrane
Manager, Family Services

Good News for Nursing Moms

We're pleased to report excellent progress in the first year of providing the UCSF Lactation Accommodation Program, supporting over 40 lactation rooms campus-wide.

In addition to working closely with Facilities Services to improve rooms condition, we've added hospital grade breast pumps in high-demand locations, sanitary wipes, bulletin boards, better room identification and information signs, plus a new web site. High use rooms, such as N4T2 in the School of Nursing, were subdivided to increase access, and a new lactation room will open in the Kalmanovitz Library this fall. For a complete list of rooms visit <http://campuslifeservices.ucsf.edu/familyservices>.

We welcome your contact at myfamily@ucsf.edu.



Help at Home



Bright Horizons Care Advantage (Sittercity)

Looking for a sitter, nanny, tutor, dog walker or other household help? UCSF faculty, students and staff enjoy free membership access to Sittercity to assist in self-selecting pre-screened caregivers. Visit the program portal for eligibility and to register: <http://campuslifeservices.ucsf.edu/familyservices>

For more information, contact us at myfamily@ucsf.edu